

Monday schedule table with columns for Studio, Gym, and Swim, and rows for time slots from 9:30 to 22:00.

Tuesday schedule table with columns for Studio, Gym, and Swim, and rows for time slots from 9:30 to 22:00.

Wednesday schedule table with columns for Studio, Gym, and Swim, and rows for time slots from 9:30 to 22:00.

Thursday schedule table with columns for Studio, Gym, and Swim, and rows for time slots from 9:30 to 22:00.

金 休 館 日

Friday schedule table with columns for Studio, Gym, and Swim, and rows for time slots from 9:30 to 22:00.

Saturday schedule table with columns for Studio, Gym, and Swim, and rows for time slots from 9:30 to 22:00.

19:45 CLOSE ~お客様へご案内~

SOUND GYM logo and promotional text for CS Live and water aerobics classes.

Water aerobics curriculum table with columns for month (April, May, June) and rows for class levels (Beginner 1-3, Intermediate 1-3).